

# DROMORE CENTRAL PS

\* Indicates Salad Bar Available

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 04/11/19	Fish Fingers Chicken Crumble Diced Potato/Mash Broccoli/Gravy Crusty Bread  Chocolate Cookie	Steak Burger Spaghetti Carbonara Mash Sweetcorn Gravy Crusty Bread  Fruit Muffin	Roast Chicken Mash/Roast Stuffing/Baton Carrots Gravy Plain Bread  Frozen Mousse	Chicken Soup  Hotdog Chicken/Tuna Baguette Crusty Bread  Strawberry Jelly	Margarita pizza * Beef Stroganoff & Rice Chips/Mash Tomato Sauce Sweetcorn/Crusty  Fruit Yoghurt
Week 2 11/11/19	Fish Fingers Chicken Crumble Mash/Pasta Peas/Gravy Crusty Bread  Fruit Yoghurt	Chicken Curry & Rice * Grilled Bacon Mash\Gravy Cabbage Naan Bread  Flakemeal Biscuit	Roast Pork Mash/Roast Baton Carrots Stuffing/Gravy Plain Bread  Raspberry Jelly	Baked Sausages Pasta in Tomato & Pesto Sauce Mash/Beans/Mixed Veg Crusty Bread  Chocolate Muffin	Margarita Pizza * Salmon Fish Cake Chips/Mash Tomato Sauce Sweetcorn Plain Bread Strawberry Cookie
Week 3 18/11/19	Steak Burger in a Bap BBQ Chicken Noodles Diced Potato/Mash Broccoli/Gravy Crusty Bread  Chocolate Cookie	Chili Con Carne & Rice Fish Fingers Mash/Pasta Beans Crusty Bread  Fruit Muffin	Roast Chicken Mash/Roast Baton Carrots Stuffing/Gravy Plain Bread  Shortbread Biscuit	Margarita Pizza Irish Stew Mash/Pasta Mixed Veg/Gravy Crusty Bread  Strawberry Jelly	Chicken Goujons * Sweet Chili Chicken Wraps Chips/Mash Sweetcorn Tomato Sauce Healthy Garlic Bread  Fruit Yoghurt
Week 4 25/11/19	Fish Fingers Savory Mince Mash/Pasta Peas/Gravy Crusty Bread  Frozen Mousse	Baked Sausages Pasta in Tomato and Pesto Sauce Mash/Beans Plain Bread  Fruit Yoghurt	Roast Pork Mash/Roast Baton Carrots Stuffing/Gravy Plain Bread  Strawberry Jelly	Chicken Curry & Rice Steak Burger Mash/Gravy Peas Naan Bread  Fruit Cookie	Salmon Fish Cake * Homemade Chicken Goujons Chips/Mash Sweetcorn Tomato Sauce  Fruit Muffin

# school food

Try Something New today

[www.schoolfoodni.com](http://www.schoolfoodni.com)

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance

